



The Being Well Center

30 years. 10,000 patients . . . We know ADD.

Dr. Craig B. Liden, MD - Medical Director
Terri West, PA-C - Associate Medical Director
Jane Reck, MS - Director of Clinical Services



The Being Well Center provides diagnostic and treatment services for individuals across the lifespan with ADD/ADHD, behavior control difficulties, academic/college performance problems, weight management issues and social/pragmatic difficulties including spectrum disorders.

Our multidisciplinary team works closely together to identify a patient's strengths, weaknesses, and develop treatment plans that address each patient's unique profile, following the 5-Steps of **The Being Well Program**.TM

1. Discovery Assessment - Understanding and Listening

A thorough question-and-answer session, patients are given the chance to ask questions, express their concerns, and tell their story.

2. Assessment Session - Examining and Clarifying

An examination that assesses both physical and neuro-behavioral health.

3. The Success Plan - A Whole-Person Lifestyle Roadmap

A plan that defines the objectives and strategies for treatment and medication options, as well as a roadmap to overcome setbacks and get the most out of treatment.

4. Continuous Support - Setting Goals and Measuring Progress

Regular follow-up visits to implement the plan, make adjustments, answer next steps, and celebrate victories.

5. Independence - Preparing for the Long-Term

Cultivating and achieving a sense of confidence, self-dependence, success, and productivity for the future.

BWC Clinical Programs

Pittsburgh ADHD Services

Long Distance ADHD Services

Confidence@College

TRANSformingU

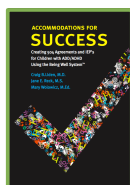
For more information, please contact our intake coordinator, Sharon Spiaggi, at 724.443.4120.

Visit us at www.thebeingwellcenter.com

The Being Well Center Publications



Pay Attention! Answers to Common Questions about ADHD



Accommodations for Success: Guidebook and Worksheets for Creating 504 Agreements and IEPs for Students with ADHD

